|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| OCTOBER 23 | OCTOBER 24 | OCTOBER 25 | OCTOBER 26 | OCTOBER 27 |
|  | **SPIN\*\***  **ANDREA**  **6:30 -7:30** |  | **SPINERVAL\*\***  **ANDREA**  **6:25 -7:25** |  |
|  |  |  |  |  |
|  | **BOOTCAMP**  **DAMON**  **11:30-12:00** | **ZUMBA**  **LAUREN**  **11:25 -12:10** | **STEP**  **JAMIE**  **11:30-12:15** | **STEP**  **JAMIE**  **11:30-12:15** |
| **HITT**  **KAIRA**  **12:05-12:40** | **PILATES**  **NO class this week**  **12:05- 12:45** | **CUTTIN UP**  **DAMON**  **12:15 – 1:00** | **BODY CHALLENGE**  **DAMON**  **12:20-12:50** |  |
|  | **YOGA**  **Steve**  **4:25 -5:25** |  | **PILATES**  **LAUREN**  **4:25-4:55** |  |
|  |  |  |  | **Grey Box signifies class that is additional fee** |