|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| OCTOBER 23 | OCTOBER 24 | OCTOBER 25 | OCTOBER 26 | OCTOBER 27 |
|  | **SPIN\*\*****ANDREA****6:30 -7:30** |  | **SPINERVAL\*\*****ANDREA****6:25 -7:25** |  |
|  |  |  |  |  |
|  | **BOOTCAMP****DAMON****11:30-12:00** | **ZUMBA****LAUREN****11:25 -12:10** | **STEP****JAMIE****11:30-12:15** | **STEP****JAMIE****11:30-12:15** |
| **HITT****KAIRA****12:05-12:40** | **PILATES****NO class this week** **12:05- 12:45** | **CUTTIN UP****DAMON****12:15 – 1:00** | **BODY CHALLENGE****DAMON****12:20-12:50** |  |
|  | **YOGA****Steve****4:25 -5:25** |  | **PILATES****LAUREN****4:25-4:55** |  |
|  |  |  |  | **Grey Box signifies class that is additional fee** |