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| **MONDAY**  **4/16** | **TUESDAY**  **4/17** | **WEDNESDAY**  **4/18** | **THURSDAY**  **4/19** | **FRIDAY**  **4/20** |
|  | **\*SPIN**  Andrea  6:30-7:30 |  | **\*SPINERVAL**  Nisha  6:25-7:25 |  |
|  |  |  | **HATHA YOGA**  Kathi  7:30-8:30 |  |
|  | **BOOT CAMP**  Damon  11:30-12:00 | **ZUMBA**  Nisha  11:25-12:10 | **STEP**  Jamie  11:30-12:15 | **\*SPINERVAL**  Nicole  11:30-12:15 |
| **ZUMBA**  Gina  12:15-12:45 | **PILATES**  Nicole  3:45-4:15 | **CUTTIN’ UP**  Nicole  12:15-1:00 | **BODY CHALLENGE**  Damon  12:20-12:50 |  |
|  | **DYNAMIC YOGA**  Steve  4:25-5:25 |  | **PILATES**  Nicole  4:25-4:55 |  |
| **\*Call day of to reserve spot** |  |  |  | **Grey box signifies class that is additional fee** |