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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| FEBRUARY 19 | FEBRUARY 20 | FEBRUARY 21 | FEBRUARY 22 | FEBRUARY 23 |
|  | **SPIN\*\*****ANDREA****6:30 -7:30** |  | **SPINERVAL\*\*****ANDREA****6:25 -7:25** |  |
|  |  |  | **HATHA YOGA****KATHI****7:30-8:30** |  |
|  |  **BOOTCAMP****DAMON****11:30-12:00** |  **ZUMBA****NISHA****11:25 -12:10** |  **STEP****JAMIE****11:30-12:15** |  **SPINERVAL\*\*****Lauren** **11:30-12:15** |
|  | **PILATES****LAUREN** **12:05- 12:45** | **CUTTIN UP****CAROLE****12:15 – 1:00** | **BODY CHALLENGE****CANCELLED****12:20-12:50** |  |
|  | **DYNAMIC****YOGA****STEVE****4:25 -5:25** |  | **PILATES****LAUREN****4:25-4:55** |  |
| **\*\* Call day of to reserve spot** |  |  |  | **Grey Box signifies class that is additional fee** |